

How To Cleanse

To achieve the best results we recommend giving the skin two cleanses but if you wear a lot of make up you may feel your skin needs an extra cleanse. The DMS Cleansing Milk is gentle enough for several cleanses. We recommend you use the dermaiduals face mitts to aid in removing grease, grime, loose skin and heavy make up .



Squirt a 5p or 10p amount of DMS Cleansing Milk into the palm of your hand (hands should be damp not wet).

Step 1 . Massage the cleanser into the skin in circular motions to lift any make up or the grease and grime of the day. Rinse off with warm water for your first cleanse.



Repeat step 1 but this time wipe the facial mitts over the skin. This will remove any residue of make-up, wipe the face until all make up has been removed from your face.

Repeat steps 1-2 for a third cleanse if removing heavy makeup.

How to Remove Eye Make Up

Dermaiduals cleansing milk can remove mascara. For the most effective method of removing your mascara we advise you to apply a very small amount of cleanser on to your damp face mitts, massage this in to the mitt.

With closed eyes wipe down your eyelashes until your mascara is removed.

Then with your mitt wipe under the eyes to remove any excess mascara that is left under the eyes.



The purpose of using the enzyme

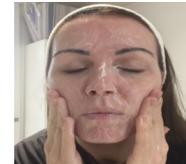
As all things in life evolve, so has the way we treat the skin, scrubbing or feeling the need to have a clean skin is now known to be detrimental to the health of the skin. Using the enzyme skin renewal will slough off naturally the excess layer of any unwanted skin cells .

The Enzyme can be used in 2 ways.

Weekly as a mask that is left on for 10-20 minutes or 3-4 times a weeks as a quicker treatment. Whatever method you use they both aid in assisting the natural desquamation of the skin cells that need to be removed. Sloughing of these cells will result in smaller pores, an even skin colour and an increased receptivity of your skincare products. It will leave your skin bright, fresh and soft. The enzyme is an alternative to scrubs or other products that can be too harsh on the skin and it's natural oils

How to use your enzyme sprinkle

Sprinkle a small amount of enzyme into damp hands. Add a couple of drops of water and mix in to your hands. Massage on to the face and leave on while you clean your teeth. Wipe off with your mitts and then you can apply your serum and cream. The enzyme sprinkle can be used 2/4 times a week or as advised by your skin therapist.



How to Mix the Enzyme Sachet at Home

The Enzyme Sachet Is a weekly leave on mask, ideal for congestion, black heads and blocked pores or for skin's that suffer from a build up of excess keratinization, that can cause the skin to feel dry



You have : Enzyme Skin Renewal

Mixing pot

Mask Brush



You will need: Teaspoon and some water

Add a teaspoon of enzyme powder to your mixing pot.

Then add 1 /2 teaspoon of water to your powder so it becomes an easy to apply paste p.t.o

Apply a even coat all over your face and neck, avoiding eyelids .

Your face should be white. If need be do mix more enzyme, especially if you want to take it down to your neck.



With wet hands massage the enzyme into the skin in circular motions and leave on the skin for 10-20 minutes.

Remove the enzyme gently with wet mitts until all the product is gone. Then apply your dermaiduals serum or cream



After this treatment your skin will feel soft and look brighter.



If your pump does not work Sometimes air pockets can get trapped in the pump causing the product not to come out and seems as if the product is faulty. Try the following steps below:



At the bottom of the product there is a hole. By placing a needle or paper clip into this hole you can push the air bubble out .

OR Tap the bottle onto a hard surface to remove air bubbles and give the product a shake. Then try to pump the product out, sometimes it may need a few pumps.



DO NOT POKE ANY SHARP OBJECTS IN TO THE OPENING OF THE BOTTLE

If you can not get your cream to work please call your stockist or email : trade@idskincare.co.uk



How to ..

All our how– to guides are on the Dermaiduals YouTube channel: [Dermaiduals uk](https://www.youtube.com/channel/UC...)

Why the dermaiduals cleanser will most probably be the best cleanser you will ever use

Most probably the best cleansing product on the market, a gentle but effective cleansing solution. Suitable for all skin types, the cleanser contains a complex of ingredients that are closely matched with the natural structure and composition of our skin. Setting it apart from other cleansers, that can be detrimental to the natural oils of the skin. This cleanser is free from emulsifiers proven to cause sensitivity and premature ageing. It is also free from preservatives, mineral oils, perfumes, dyes, amines, SLS and silicones.