

	<u>What it is</u>	<u>What it helps</u>	<u>What skin type</u>	<u>In the treatment room</u>
Anti Wrinkle	Para cress	Relaxes muscles	Ageing	not necessary
Aloe Vera	Rich in amino acids	Anti inflammatory healing	Sensitive damaged repair pigmentation	yes as very safe and calming
Boswellia	Frankincense	Calms mature inflamed barrier disorders	Ageing	yes for skin barrier problems
Butchers Broom	Saponines, ruscin, ruscogenin	Calms redness, strengthen the vessels	Redness/ rosacea	yes
Co Emzyme Q 10	Ubiquinone	Will repair regenerate and reduce free radical damage	Ageing	not necessary
CM Glucan	Sodium carboxymethyl betaglucan	Healing properties, protect against bacterial infection	Barrier disorders, acne, eczema	yes
D Panthenol	Pro vitamin 5 panthenol	Increases and regulates hydration of the skin	Rough dry skin	yes
Eye Bright	Euphrasia	For red puffy eyes, eye strain	Eyes	only if you do eye treatment
Evening Primrose Oil	Omega 6	Anti inflammatory, healing, controls spots	Acne/ eczema/ dry skin/ rosacea	yes
Green Tea	Anti oxidant	Anti inflammatory astringent antimicrobial	All skins	yes especially in the summer
Hyaluronic Acid liposome	Hyaluronic Acid	Hydrating smoothing plumping 2.5 times the dosage than HA	Dry/ ageing skins	not necessary
Hyaluronic Acid	Hyaluronic Acid	Hydrating smoothing plumping	Dry/ ageing skins	yes
kigelia Liposome	kigelia Fruit Extract	A first aid kit in a bottle	All skins	yes for antiageing
kiwi seed oil	Omeg 3 70%	The most highest form of Omega 3 use on inflammation	Any skin that needs it.	yes
Linseed Oil	Omega 3	Anti-inflammatory	Eczema/ acne/ dry/ mature	yes
Liposome Concentrate Plus	Azelaic acid	For excess keratinisation and known to improve rosacea	Rosacea/ acne pigmentation	yes
Isoflavone	Genistin & Daidzin	Pigmentation, hormone skin issues, ageing, acne	Acne /ageing/ mature skins	not necessary
Whitening	Giga white	Pigmentation	Pigmentation/ discolouration	yes if you do pigmentation
Vitamin B	B complex	Acne Healing Post inflammatory pigmentation	Acne	yes
Vitamin A	Retinyl Palmitate	Ageing, acne, pigmentation. Great for all skin	All skins	yes
Vitamin E	Tocopheryl Acetate	Protects from free radicals	All skins	not necessary
Vitamin C	Sodium Ascorbyl Phosphate	Ageing, pigmentation, skin colour and tone	All skins	yes
Complexion Skin Care	Tranexamic acid	Pigmentation and Redness	Pigmentation/ discolouration	yes if you do pigmentation
Zinc	Zinc Sulphate.	Problem Skin Congestions Spots	Problem Skins	yes if you do acne and spots